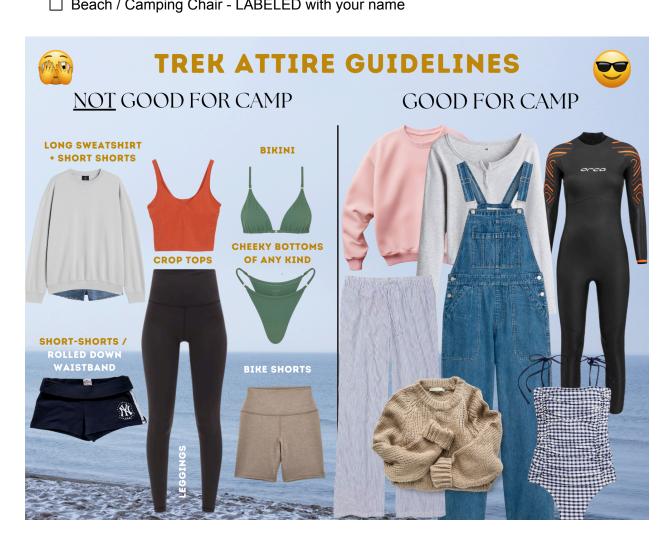
TREK 2026 Packing List

We are so excited that you are joining us for the Trek! Here is a packing guide to help you prepare for your trip and make sure you don't forget anything you'll need (requirements, clothing, forbidden items, tips & tricks!).

Requirements | The following are mandatory for this trip:

1 Duffle Bag - All items besides sleeping bag & pillow must fit in bag
Sleeping Bag and Pillow - Pack in trash bag LABEL with First & Last name [NOTE: we recommend *sharpie on DUCT TAPE and taping to the outside*]
Medication / Supplements – ALL MEDICINES must be in prescription bottle / packaging
& handed in at check-in. [NOTE: this includes vitamins, sleep aids like melatonin, allergy
medication & Advil]
Clothing for 4 days [SEE NEXT PAGE]
Waterproof jacket / Poncho (for rain)
Bible & Journal
5 Pens
Reusable Water Bottle - LABELED with your name
Pooch / Camping Chair LARELED with your name



What to Pack: Go through the list, checking off each item as you pack
☐ T-Shirts (pack 1-2/day)
Long sleeve shirts for layering (nights are COLD!)
☐ Beanie
☐ Pants
☐ Clothes you can get sweaty / dirty
☐ Underwear (1-2/day)
☐ Socks (1 set per day) (bring some extra warm ones for sleeping in)
☐ Pajamas (the warmer the better)
☐ Swimsuit / Wetsuit *SEE ATTIRE GUIDELINES PHOTO
☐ Shoes: Closed-toe sneakers (Hume Lake requires you to bring these)
☐ Sweatshirt/Jacket
☐ Towel (swimming and showering)
☐ Toiletries (toothbrush, toothpaste, deodorant, soap, shampoo, etc.)
☐ Cheap Waterproof Wrist Watch
☐ Sunscreen
☐ Chapstick
☐ Bug spray
☐ Hat or Visor
☐ Sunglasses (bring cheap ones that you can lose / break!)
*Optional Items
*Glasses/Contacts with extra prescription
☐ *Disposable Camera
*Playing Cards or other travel games
☐ Surf board
What Not to Pack: If any of the following items are packed, you will be
sent home. Hume Lake Christian Camps & Grace Fellowship Church ask
you to not bring these things for your protection, safety & to help you get
the most out of camp.
**Anything sentimental, special, or irreplaceable. You may lose it or leave it behind*
■ NO ELECTRONICS (curling irons, electric toothbrushes, etc. – anything that needs to be
charged or plugged into an outlet)
☐ Cell Phones (Small digital camera or GoPro is okay)
☐ Drugs, Alcohol, Tobacco or any smoking/vaping devices
☐ Hair Dye, hair buzzer / clippers
☐ Firearms, Fireworks or weapons of any kind (including pocket knives)
Anything that breaks OVERFLOW or Hume's Dress Code

Tips & Tricks: Kee	p these tips and tricks in mind when packing
☐ Extra Trash	Bag – for your sleeping bag & pillow on the way home
Ziploc Bags	- for wet or dirty clothes
☐ Stuff Sacks	/ Packing Cubes - to condense items
☐ Travel size t	toiletries will help save room
Label all iter	ms and bags with your First and Last name
Look at the	weather report to help decide what items to bring