

TREK 2026 Packing List

We are so excited that you are joining us for the Trek! Here is a packing guide to help you prepare for your trip and make sure you don't forget anything you'll need (requirements, clothing, forbidden items, tips & tricks!).

Requirements | The following are mandatory for this trip:

- ☐ 1 Duffle Bag - All items besides sleeping bag & pillow must fit in bag
- ☐ Sleeping Bag and Pillow - Pack in trash bag LABEL with First & Last name [NOTE: we recommend *sharpie on DUCT TAPE and taping to the outside*]
- ☐ Medication / Supplements – ALL MEDICINES must be in prescription bottle / packaging & handed in at check-in. [NOTE: this includes vitamins, sleep aids like melatonin, allergy medication & Advil]
- ☐ Clothing for 4 days [SEE NEXT PAGE]
- ☐ Waterproof jacket / Poncho (for rain)
- ☐ Bible & Journal
- ☐ 5 Pens
- ☐ Reusable Water Bottle - LABELED with your name
- ☐ Beach / Camping Chair - LABELED with your name



What to Pack: Go through the list, checking off each item as you pack..

- ☐ T-Shirts (pack 1-2/day)
- ☐ Long sleeve shirts for layering (nights are COLD!)
- ☐ Beanie
- ☐ Pants
- ☐ Clothes you can get sweaty / dirty
- ☐ Underwear (1-2/day)
- ☐ Socks (1 set per day) (bring some extra warm ones for sleeping in)
- ☐ Pajamas (the warmer the better)
- ☐ Swimsuit / Wetsuit *SEE ATTIRE GUIDELINES PHOTO
- ☐ Shoes: Closed-toe sneakers (Hume Lake requires you to bring these)
- ☐ Sweatshirt/Jacket
- ☐ Towel (swimming and showering)
- ☐ Toiletries (toothbrush, toothpaste, deodorant, soap, shampoo, etc.)
- ☐ Cheap Waterproof Wrist Watch
- ☐ Sunscreen
- ☐ Chapstick
- ☐ Bug spray
- ☐ Hat or Visor
- ☐ Sunglasses (bring cheap ones that you can lose / break!)

***Optional Items**

- ☐ *Glasses/Contacts with extra prescription
- ☐ *Disposable Camera
- ☐ *Playing Cards or other travel games
- ☐ Surf board

What Not to Pack: If any of the following items are packed, you will be sent home. Hume Lake Christian Camps & Grace Fellowship Church ask you to not bring these things for your protection, safety & to help you get the most out of camp.

- ☐ **Anything sentimental, special, or irreplaceable. You may lose it or leave it behind*
- ☐ NO ELECTRONICS (curling irons, electric toothbrushes, etc. – anything that needs to be charged or plugged into an outlet)
- ☐ Cell Phones (Small digital camera or GoPro is okay)
- ☐ Drugs, Alcohol, Tobacco or any smoking/vaping devices
- ☐ Hair Dye, hair buzzer / clippers
- ☐ Firearms, Fireworks or weapons of any kind (including pocket knives)
- ☐ Anything that breaks OVERFLOW or Hume's Dress Code

Tips & Tricks: Keep these tips and tricks in mind when packing

- ☐ Extra Trash Bag – for your sleeping bag & pillow on the way home
- ☐ Ziploc Bags - for wet or dirty clothes
- ☐ Stuff Sacks / Packing Cubes - to condense items
- ☐ Travel size toiletries will help save room
- ☐ Label all items and bags with your First and Last name
- ☐ Look at the weather report to help decide what items to bring