



The goal of this class is to give you helpful information and experiences that will lay a foundation from which you will parent going forward. All the reading, videos, and sessions are suggested but not required. Parenting content is plentiful, so I have done my best to filter down to books and topics that are practical, biblically integrated, and/or research-based. Certainly, plenty of excellent content is not included that should be but we only have so much time. If there are resources that you have found helpful in your own parenting, I encourage you to share them with others.

Parenting is not easy and can incite plenty of shame and guilt. As you make your way through the sessions and content in this class, my prayer is that you experience freedom and not burden. Some of this content may bring to light the gap between how you parent and the ideal. I invite you to see this as an invitation to growth and healing, and not to shame or despair. Other parts of the content may feel overwhelming and impossible to implement. This is an invitation to remember that much of the work we hope to accomplish with our parenting can only be done by relying on the power of the Holy Spirit. There also may be parts of the content that you disagree with; in fact, at some point, I expect that will be true for most of you. My hope is that you will give everything consideration and prayerful discernment before forming a decision or opinion.

While I certainly hope there are many practical tools and inciteful ideas throughout this class, prayer is the most powerful tool we have at our disposal as parents. My encouragement to you is to make prayer the pillar of your parenting. God can do far more with our humility and submission to Him than any technique, plan, or class can offer. Seek all the wisdom and advice you can find, but do not neglect a regular time of praying and listening to God on behalf of yourself and your children.

The reading and viewing schedule offered below is suggested but not required. My hope is that the time between each session is sufficient for you to read, view, reflect upon, and discuss with your spouse or others. If you prefer to read and view on your own schedule, enjoy!

Read By:	March 24th	April 21st	Cinco de Mayo	June 2nd
<i>Shepherding a Child's Heart</i>	Introduction, Chapters 1-4	Chapters 5-10	Chapters 11-13	Chapters 14-19
<i>The Whole-Brain Child</i>	Chapters 1-3			
<i>Child Training Tips</i>			Chapters 2-6, 15	Chapters 17-19
<i>No-Drama Discipline</i>			Chapters 1-2	

View By:				
<i>Shepherding a Child's Heart Videos</i>	Getting to the Heart of Behavior	Examining Your Goals	Embracing Biblical Methods - Discipline	Shepherding Children Ages 0-5
	You're In Charge	Discarding Unbiblical Methods		Shepherding Children Ages 6-12
	Your Child's Development: Shaping Influences	Embracing Biblical Methods - Communication		Shepherding Teens
	Your Child's Development: Godward Orientation	Embracing Biblical Methods - Appeal to Conscience, Life of Communication		