# JH Winter Camp FAQ

If you have any additional questions, do not hesitate to reach out to:

Bre Gardner at <a href="mailto:bgardner@gracefellowshipchurch.org">bgardner@gracefellowshipchurch.org</a>

#### **Address of Camp?**

Forest Home Christian Camps, 40000 Valley of the Falls Dr, Forest Falls, CA 92339

#### What does the \$490 cover?

The trip cost of \$490 covers the Forest Home student cost, all transportation and lodging, activities, the cost of trained, adult leaders, OVERFLOW merch, a trip journal, and all things necessary for a safe and fun trip.

### Why was there a price increase?

Due to the rise of inflation and adjusting for Forest Home's student cost (all Winter Camps have raised their costs), we have raised the price of Winter Camp from last year. This raise is specifically tied to the Forest Home and transportation increases.

### Why the location change from Hume SoCal to Forest Home?

While we loved our experience at Hume SoCal last year, there were a number of factors contributing to our decision to switch to Forest Home, namely: Forest Home offered the best trip dates & number of spots available for our group, it is near home (in the San Bernardino range), and Bre has experience with Forest Home from being on staff there. We know the camp well and are excited for all God will do!

## What is the student to leader ratio, and who are the leaders?

Our typical ratio for this trip is 7:1 (students to leader). All adult leaders are current small group leaders and OVERFLOW alumni and are well trained for these trips.

#### Can my child invite a friend?

While we would love for all to join us for camp, the reality is that we have limited spots available. Because of this, we prioritize our camps as being opportunities for those already within OVERFLOW to have space to grow in relationship with one another; we ask that you do not invite friends who are not already a part of our community. For friends who are interested in OVERFLOW, please have any parents reach out to Luke or Bre and we would love for them to check out OVERFLOW on Sundays & Wednesdays!

#### What are the transportation and sleeping arrangements?

We will be taking one charter bus up to Forest Home. We will be traveling with Luxbus, our charter bus company for all OVERFLOW trips. Students are thoughtfully assigned into cabins where they will be with mixed grades of students of their gender. One of the values of this trip is to unify as a group and that includes being challenged to get to know people outside of the normal, familiar friends. There will be at least one adult leader of the same gender within each cabin,. These cabin assignments will also serve as discussion groups each night. For more information, see "Will my child be in the same cabin as his / her friends?"

## Will my child be in the same Cabin as his / her friends?

Maybe, but we do **not take requests**; however, newer students will always be placed with the friend who brought them and most every student will have someone they are familiar with in their cabin. During the day, students are all together and are free to spend time with whoever they would like. The only time that students are separated in groups is for cabin time at the end of the night and sleeping. We love that we get to mix up our cabins so students get to meet and spend time with others who they may not be as close to yet.

## What safety precautions do you take?

We will be encouraging students to be mindful of preventative measures like drinking lots of water, eating each meal, communicating any symptoms with a leader and being careful when engaging in physical activities. In the event that we need to take a student to the hospital, Grace Fellowship will have a leader (or two) who will be our designated hospital runner for the trip. We will always communicate with parents ASAP in case of an emergency.

#### What will the students do during the day?

While we do not have the exact Forest Home schedule for this year, we have given a general idea of what a day at Winter Camp looks like based off of past years. Please see the sample schedule below for a "Day in the Life" at Winter Camp:

07:30a | Wake Up & Morning Devotional

08:30a | Morning Worship

09:00a | Breakfast

10:00a | Morning Gathering

11:30am | Solo Time

12:00p | Cabin Time

12:45p | Lunch

01:30p | Free Time

- Big Swing
- Hang Out in the Snack Shop
- Sledding (if weather permits)
- Laser Tag
- Zip Line

06:00p | Dinner

07:00p | Chapel Time (Teaching & Worship)

09:00p | Cabin Time Discussion & Prayer

09:30p | Free Time

10:00p | Return to Cabin & Cabin Discussion

11:00p | Quiet in Camp

## Is my child allowed to bring their cell phone? Am I allowed to contact my child throughout the weekend?

We do not allow students to bring any electronics for any reason. When you check your child in on the day of departure, we will give you a list of emergency numbers. If there is an emergency or you need to get ahold of your child, you have permission to call our OVERFLOW staff and we will connect you with your child. A weekend away from cell phones is a great way to rest from electronics.

## My child is nervous about being away from home, how can I encourage them prior to the trip?

It is completely normal for students to feel anxious about being away from home. We recommend the following when talking to your child...

- 1. Encourage them that they are not the only ones feeling this way.
- 2. Remind them that there are leaders available for them for anything they need.
- 3. This is an awesome time for them to grow and meet new people.
- 4. Lastly, and most importantly, pray with and for your child that God would ease any anxiety they may have. (Philippians 4:6)

## What is the Cancellation Policy?

Great Question! Check out our **Grace Fellowship Church Cancellation Policy Here**.

## Do you have another question that wasn't answered in the FAQ?? Feel free to email Bre who can help!

bgardner@gracefellowshipchurch.org